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Month of July 1998

FREE! FREE!! FRE

INSIDE: Calendar of Events * Tide Charts & Lunar
Phases * Sports Update* Fishing & Surfing Reports *
Restaurant & Video Reviews * "World & Local
News" * Local Classified Advertising * Smile Corner *
Night Life * Horoscopes * Cooking Corner * Quotable
Quotes * & MORE

BIENVENIDOS AND WELCOME to the Quepos / Manuel Antonio area of Costa Rica. You have in your hands the premier issue of QUEPOLANDIA - a monthly newsletter and (somewhat tongue-in-cheek) informational guide put together to provide you with insights that will hopefully smooth the way as you journey through this little burg we call home. But before the fun begins - a brief history lesson. (Thanks to our friend William Deverell for his contribution (real facts) to this historical insight!)

"The area first gained notoriety as a banana port - Puerlo Quepos. Until the mid-1960's one could only get here by boat. Then a road came in from San Jose with Quepos being the end of the (7 hours on a Bluebird bus.) line.

Passengers would alight, aishen faced and desperate, and stare at the many-hued collection of clapboard buildings lining the street and wonder what the hell they were doing here and where the beaches were.

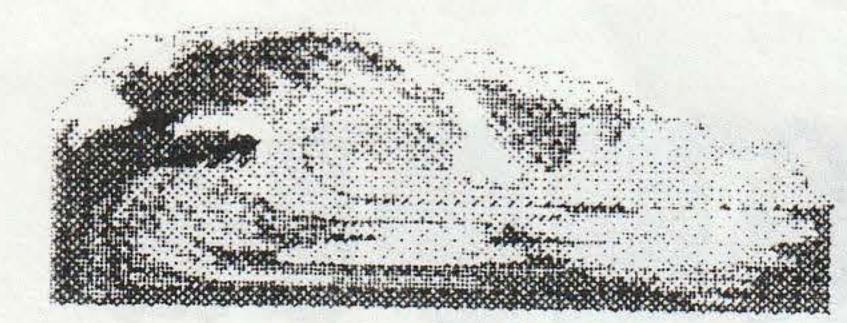
By 1980 a colony of gringes, mostly refugees of one sort or the other, had built homes and begun businesses at Manuel Antonia. In 1980 a SANSA Altitines DC-3 also began (fregular) service to the area. The tourist industry at this time consisted of a gringo bar - El Barba Roja, a few luxury villas at La Mariposa, some rustic cabinas, a beachtront bar called the Mar Y Sombra and that was all there was!"

BUT THAT WAS THEN, AND THIS IS NOW.

The tourist industry, and subsequently the area, has grown exponentially in the intervening years. Today Quepos / Manuel Antonio is an edectic and quite delightful mix of expatriated adventurers from around the world, as well as an intrepid group of locals who have hung around for the "pura vida".

Once again, we wish you a warm welcome to our unique slice of paradise.

BE CAREFUL AND HAVE FUN!!!



Tide Charts, Lumar Phases & Sumsets

Date The asterisk* on the right = high tide time

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7/9	2:31 AM	*	8:23 AM		2:41 PM	*	8:54 PM	T
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7/24	3:08 AM	*	9:09 AM		4:08 PM	*	10:18 PM	
7/25	3:54 AM	*	9:55 AM		4:08 PM	*	10:18 PM	
7/26	4:37 AM	*	10:39 AM		4:51 PM	*	10:59 PM	
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7/31	1:40 AM		8:09 AM	*	2:17 PM		8:32 PM	*

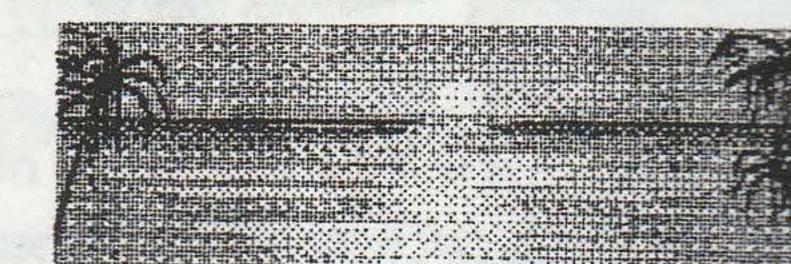


Wed, July 1st Crescent Moon (Cuarto Creclente)

Thurs, July 9th Full Moon (Luma Llena)

Thurs, July 16th Waming Moon (Cuarto Menguante)

Thurs, July 23rd New Moon (Lune Nueva)

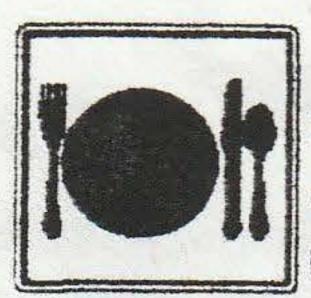


Because we are only about degrees above the equator, of sunset occurs at about the san time every day — around 5: pm. It's spectacular — don't mit!

VIDEO REVIEW

This video reviewis from USA Today -- we'd like you to submit a review of your favoril unfavorite) video rented locally.

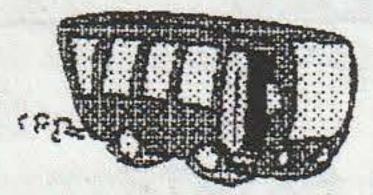
BREAST MEN (1997, HBO): Though director Lawrence O'Neil has a tough time finessing a consistent to for this cautionary yarn about the invention and downfall of silicon breast implants, what tone would apply to a ribald slice of recent history that turned tragic for so many participants? Billed as "basically a story, slightly augmented," this uneven satire serves up David Schwimmer as the geekier half contentious two-mancombine that concocts the brazen new concept. Chris Cooper plays the more polis of the partners. The story is outlandishly fascinating yet inevitably discomforting.



Restaurant Review

Each month we dine at a selected restaurant & offer our opinions herein. Want your restaurant reviewed? Invite us for a meal!

La Marquesa - Many of you may already be familiar with this little restaurant on the main road coming into Quepos. The menu is basically tipico, consistent, and always an excellent value. A very full and satisfying breakfast runs around \$2-3 - not a "grand slam", but still a good deal for our area. It's hard to spend more than \$5 for lunch/dinner -try a casado, a lot of food for a small price - and the beers are cheap and cold.



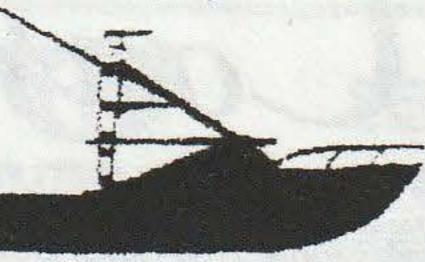


Transportation Information

Bus service between Quepos and Manuel Antonio is inexpensive (75 colones) - and is provided almost every half hour. Taxi's to Manuel Antonio start at 500 colones (a little more if the trip goes off the main road) -- flag down a taxi for the return trip to Quepos and pay only 150 colones. Air shuttle service to/from San Jose is avaiable daily starting at \$35 -- several flights every day.



Brought to you this month compliments of:



Capt Wayne Hixson and the PESCADOR del PACIFICO

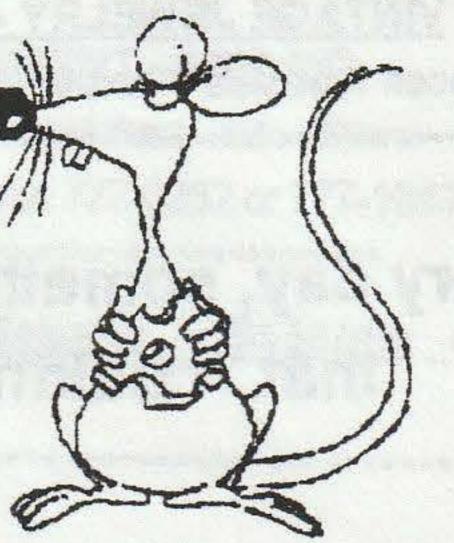
Break out the wasabi & soy sauce - the tuna bite is on! Here it is July, the water has cooled down, the bait is back and the ocean off Quepos is loaded with tuna. It's a short run to find the birds and porpoise which is almost a guarantee (remember, it's fishing) that hordes of hungry yellowfin tuna are nearby. High speed trolling in front of the porpoise usually produces multiple hookups of "footballs" (swollen yellowfin tuna up to 50 lbs.) while dropping a live bait in front will produce larger fish (100 lbs and up). As a bonus sailfish and an occasional marlin can be taken in the same area. It's wintertime so the ocean can be a little bumpy; so make preparations and have a great day fishing. For more information and reservations, contact Capt. Wayne Hixon of the "Pescador del Pacifico at 777-0817

"TIGHT LINES"

The Smile Corner

The early bird might get the worm...

but the second mouse gets the cheese!!!

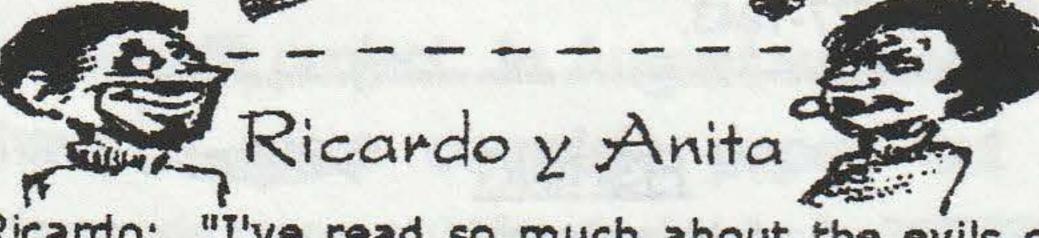


Things to think about.

How much deeper would the ocean be without sponges?

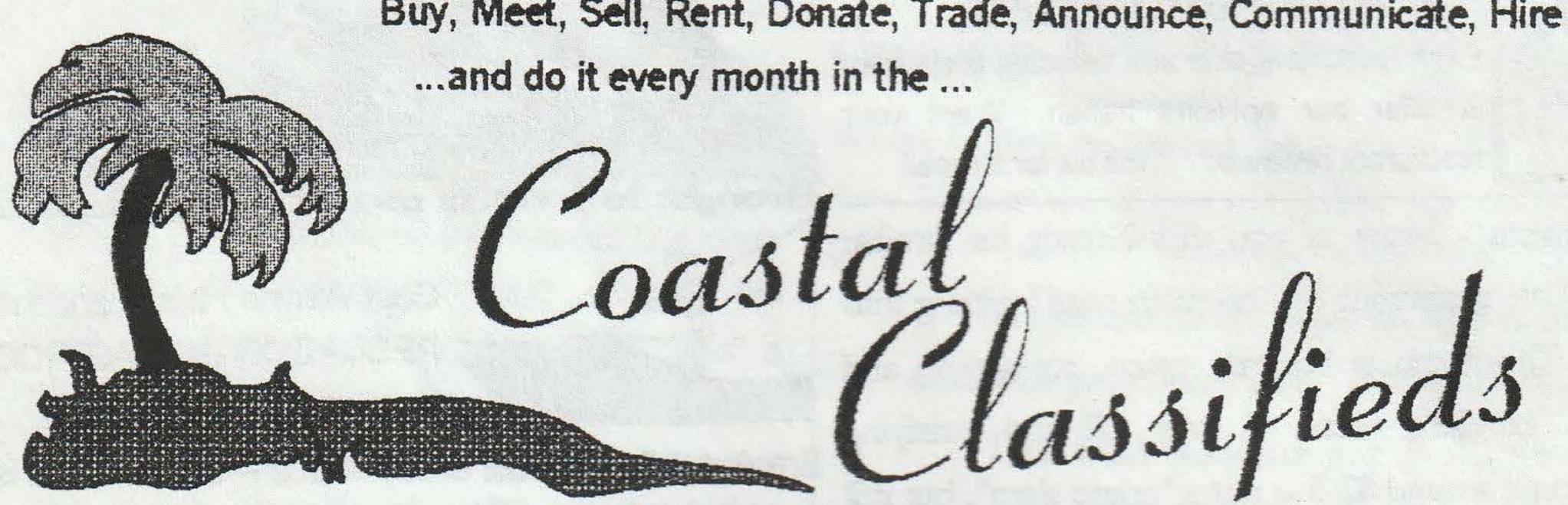
If vegetable oil comes from vegetables, where does baby oil come from?

What hair color do they put on a driver's license of a bald man?



Ricardo: "I've read so much about the evils of drinking & smoking that I've given up reading!"

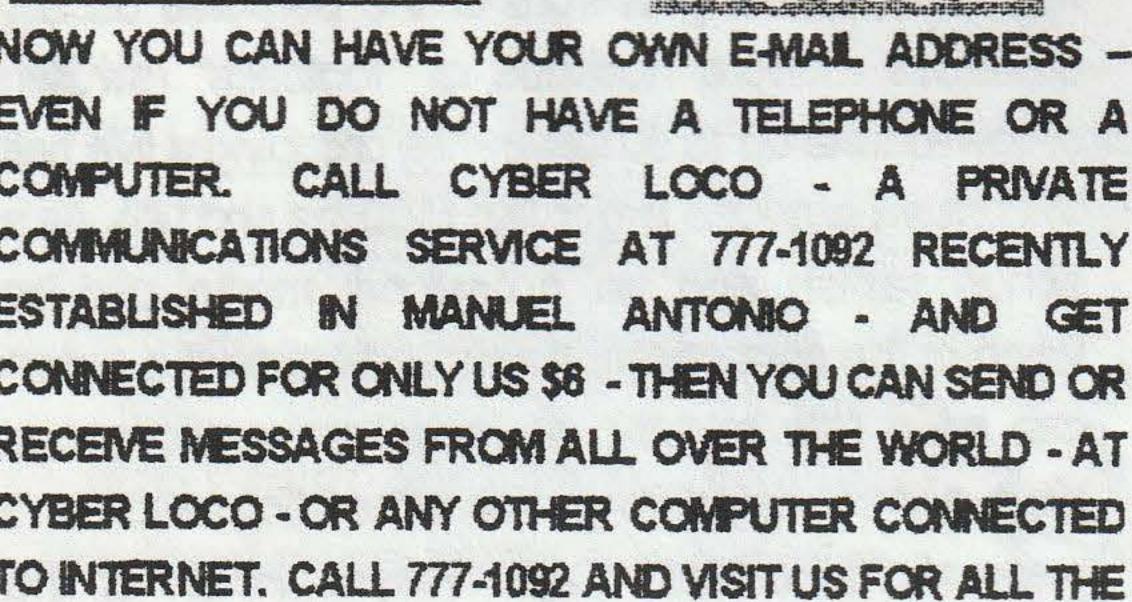
Anita: " I was thinking... that women should put pictures of missing husbands on beer cans."



DEADLINE FOR ADDITIONS AND CHANGES TO AUG 1ST ISSUE IS WED. JULY 22nd AT 12 NOON.

Public announcements, if accepted, are published free. All other acceptable ads are published at a cost of \$0.50 per line (about 50 characters/spaces) to cover the cost of publishing. Display ads (inside pages) cost \$10 per 1/4 page, \$12 per 1/3 page, \$20 per 1/2 page and \$30 per whole page - for the back page, \$12, \$15, \$25, & \$40

<u>ANNOUNCEMENTS</u>



BOOKS

DETAILS!!!



ENGLISH BOOK EXCHANGE - Need some new reading material — we have lots of paperbacks to trade and/or sell - Call or fax Richard at 777-1092 or email us at pasisame@sol.racsa.co.cr

BUSINESS FOR SALE

BAHIA AZUL-LARGEST BAR-RESTAURANT-DANCEHALL

n Quepos. Business, fixtures and lease - \$100K. 777-0262 or 777-1943.

FISHING

"并且我们的对象,我们就是我们的,我们就是我们的,我们就是我们的,我们就是我们的,我们就是我们的,我们就是我们的,我们就是我们的,我们就是我们的,我们就是我们的



ADVERTISE your fishing trips here!! - Only \$1 for 2 lines for 1 month. - Call or fax today - 777-1092!!

FOR SALE - REAL ESTATE

1 & 2 BR CONDOMINIUMS - \$69,000 & \$79,000

_Villas del Parque in Manuel Antonio. Great ocean view and many amenities. Call Richard 777-1234.

DOMINICAL-2KM LOTS FOR SALE; \$10 per sq meter; in front of Costanera + by the beach. 228-6235.

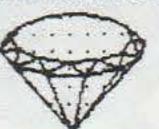
OCEAN VIEW LOT IN PLAYA MATAPALO

2000 sq mtrs- with nice ranchito. US\$ 55,000. Call/fax 777-1092, see Harry at el Oasis in Playa Matapalo, or e-mail oasisame@sol.racsa.co.cr.

HOUSE FOR SALE - QUEPOS - 2 BR

With apartment and buildable lot for 5 units. A/C, Phone, Cable - \$70,000. 777-0262 or 777-1943.

JEWELRY



VINTAGE JEWELRY - 1940's, 50's and 80's

Almecen Rosales (Next to Banco de Costa Rica)

Every day, something is being done that "couldn't be done."



MISCELLANEOUS



ORIGINAL USN LEATHER FLIGHT JACKET TYPE G-1

Size 44. Great condition. Easily worth \$500-600 in US. First \$150 takes it. Call/fax 777-1092.

CELLULAR TELEPHONE - Novatel 3 volt car phone with battery pak- \$75 - plus Yagi 12db antenna for best reception for your cellular in remote locations - includes 12' pole - Cost new \$150; sacrifice for \$75 - or buy phone + antenna for \$100. Call or fax 777-1092 or e-mail our stuff@hotmail.com

DRUMS - COMPLETE SET, ACOUSTIC

with racks and cases. Originally \$5,000. Will sell for \$1,000. 777-0262 or 777-1943.

CUSTOM MADE CASSETTE TAPES

From our discography of 600+ CD's. Country, Rock, Classical, Jazz or a combination - You choose! High quality tape - 90 minutes 1,000 colones. Call or fax 777-1092.

OLD 78 RPM RECORDS - collection of 26 in excellent condition - real antiques - includes Harry James, Merle Travis, et.al. - labels from Columbia, Decca, etc. - some have never been played. Book values are from \$8 up. Will sell all 26 for \$100. Call/fax 777-1092 or e-mail our_stuff@hotline.com



ATTENTION PET OWNERS IN MATAPALO: There are apparently several people who enjoy killing other people's pets in a most vicious way - by poison - which causes great suffering and pain for many hours. Please make sure your pet is on your property or with you at all times.

RENTALS

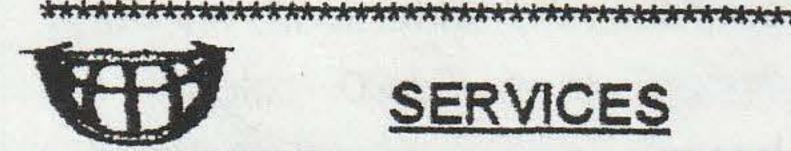
AIR CONDITIONED APARTMENT - \$400 MO

Telephone, cable TV, completely furnished inc. linens & silverware. See Bill at Bahia Azul or phone 777-0262 or 777-1943.

SAN JOSE - Rooms near Sabana - \$150/mo or \$20/day. 290-3933.

FOR SALE OR RENT 2 BEDROOM HOUSE W/ GREAT OCEAN VIEW.

50 mtrs. north of Mono Azul. \$300/month - 6 mos minimum. Call 777-1234.



SERVICES

COMPUTER CONSULTING & TRAINING - Classes for Windows 95, Office, Excel & more. We also sell, install and service hardware & software. Call us at 771-7336 in San Isidro or e-mail usrfernando@sol.racsa.co.cr.

THIS MONTH'S SPECIAL. Have a Margarita Party - in your room, on the balcony, or by the pool. Have blender will travel. Deluxe hors d'ouvres. Guaranteed to be a lasting memory of your trip to Costa Rica. Ricisimo Catering. Call/fax 777-1092 e-mail: simplyricisimo@hotmail.com

NEED A QUICK FLYER TO PASS AROUND TOWN???? ...or perhaps you have a larger project - a newsletter, brochure or poster that can be distributed to the right market to sell your product or service. Let us help you we are reliable, professional and value priced. Call or fax Oasis Communications at 777-1092 or e-mail us: oasisame@sol.racsa.co.cr

不不得不好的人,我也是我们的人,我们也是我们的人,我们就是我们的人,我们就是我们的人,我们就是我们的人,我们就是我们的人,我们就是我们的人,我们就是我们的人,我们

Readers: We want to newsletter into something that is useful and entertaining to tourists and locals alike. BUT - we need your participation and suggestions — we have lots of ideas, but we want to hear and use yours too. We also need some "paid advertising" to cover the production costs - this will be a non-profit project. In August we hope to have a more complete paper, but it depends on you. We need your help.

> Contact us by tel/fax 777-1092.

TICO TALK

This month we feature "MONEY" items:

Plata literally means silver, but Ticos use it to denote money;"dinero"is understood, but rarely used. A "tucan" is a 5,000 colones bill (so-named because of the watermark); "rojo" is slang for the 1,000 colones bill (so named because it's red...duh); 'teja" literally means roof tile, but is slang for the 100 colones bill maybe because of their abundance; "caro" is expensive; "barato" is inexpensive or cheap; "estoy limpio" literally means "I'm clean", but is slang here for "I'm broke' - a street-smart reply to someone who is trying to bum money from you!!

NEXT MONTH'S FEATURE - 'DRINK" items

Award Winning Bumper Stickers

I didn't fight my way to the top of the food chain to be a vegetarian.

Few women admit their age; few men act it.

According to my calculations, the problem doesn't exist.

We have enough youth; how about a fountain of "smart?"

Consciousness: that annoying time between naps.

HERES THE SURF REPORT, DUDE ...

Now that the rain has started and winter is upon us, the surf is getting "swell" -- Next month look for some expert opinion on what's happening and where to go to find the best!

BIGGER BETTER 3 F

Where to find the best of the best in Quepos/Manuel Ant Note: These are our opinions only or those of trusted friends and family minds can be changed, but we cannot be bought.

The best coffee (& place to read a newspaper) Cafe Malagro (2 locations - Quepos & Manuel Antonio The best hamburger & french fries:

> Rest El Pueblo (Quepos centro) The best (largest) TV screen: Pub Kamuk (Quepos centro)

The best restaurant (all things considered!) Sunspot at Hotel Makanda by the Sea (Manuel Anonio)

FUN THINGS TO DO IN THE AREA

If you're looking for a nice relaxing time, make day or week-end trip to Playa Matapalo, one Costa Rica's most beautiful beaches. Located only 25 km from Manuel Antonio, just off the Costanera Sur, you will find tranquility, a friendly rural atmosphere, decent surf -- and several restaurants. There are cabinas to fit everyon'e budget -- there's even a place with a swimming pool -- and another with a tennis court! Look for the Viva Matapalo newsletter more more info and have a great time!

him walking around town.

Closed for a while, but re-openin soon is the Banco Bar-- we've hear with new kitchen, menu, and (as always) lots of good sporting events coming up. Sorry we don have the exact date or all the details yet, but kee an ear out -- and maybe ask Nick when you se



Cooking Corner

Your favorite recipes using locally acquired ingredients - and a few helpful hints

COLD AVOCADO SOUP

2 ripe avocados, peeled & cubed

Juice of 3 limes

1/2 cup sour cream

1/2 cup heavy cream

3 scallions, finely chopped

3/4 cups chicken stock

1 tsp ground black pepper

1 tsp salt

Puree all the ingredients in a food processor or blender until smooth and creamy. Pour the soup into a large serving bowl, cover and refrigerate for at least 30 minutes. Garnish each serving with a lime wedge and chopped parsley.

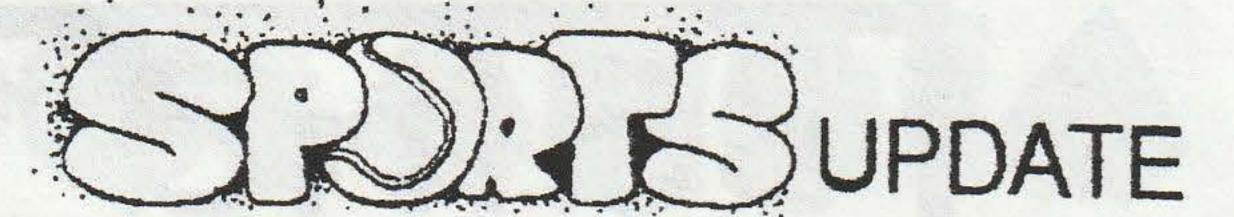


Top World New Stories

we only select positive news - from USA Today

POLAND LIFTS BAN ON BEER ADS: Lawmakers in Warsaw lifted a prohibition on advertising beer after concluding that the 5-yt-old regulation was too hard to enforce.

NIGERIA's new military government has promised to release ALL political prisoners to prepare the West African nation - Africa's most populous - for a peaceful transition to democracy. The new military ruler, Abubakar appears to be making an effort to move away from his predecessor's harsh policies.



WORLD CUP: The first three weeks of the World Cup saw at least 2 matches played every day. Now the quarterfinals are about to begin as of the first of July. The semi-finals will take place from July 7th-8th, the third-place game will be held on July 11th and the championship is scheduled for Sunday, July 12th. Below are a few soccer terms for those who are not so familiar with the sport:

BANANA KICK - a kick with exceptional curve.

CAP - represents an appearance in a national team match for a player.

CHIP - a high, arching shot that is lotted over the heads of detenders or the goalkeeper.

GOAL - the manner in which points are scored in soccer; to score, the ball must completely cross over the goal line and into the goal; a goal counts as one point.

HEADER - when a player uses his head to shoot, pass or control the ball.

NUTMEG - when an attacker moves forward by passing a ball through an opponent's legs.

SUNDAY SHOT - a desperation shot from long out that remarkably results in a goal.

TRAP - the use of any legal part of the body to gain control of an airborne ball.

VOLLEY - a shot where the ball is struck while airborne.

The most important things are not things!

ZODIAC SIGNS

Cancer (June 21 - July 22) - Your strongest virtues are tenacity, anotional sensitivity, the urge to nurture. Weaknesses are negative moods and over-sensitivity. Lucky selers yellow-erange, Indige.

Leo - (July 23 - Aug 22) - Your strongest virtues are leadership shility, confidence and creativity. Weaknesses include vanity, arregance and bessiness.

if you are interested in having your complete astrological short (or that of a friend or loved one) occoposed and printed on benene paper as a laupeake, call Ana at 777-1092 with date, time and location of birth. Cost per chart is \$25.



Bar-Restaurant
Ovepos. Costa Rica
Across the bridge - on the water

LIVE MUSIC



Tues, Thurs, Fri & Sat 10pm - 2:30am
Salsa, Merengue, Boleros
"Come dance your ass off"
A REAL CULTURAL EVENT

12 Noon - 9pm ALL LIQUOR DRINKS - 2 X 1 BEER - \$\pm\$250 or 99\$

PLUS --- come enjoy the most awesome sunsets in Quepos

Holidays & Events

Sat, July 4th.....US Independence Day

Tues, July 14th......Bastille Day in France

Wed, July 15th...Flush toxiet invested

in 1589-just in time

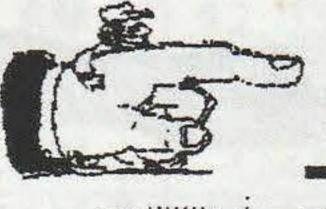
Sat, July 25th Anexion Guanacaste

Sun, July 26th....Mick Jagger's Birthday

Next month we want

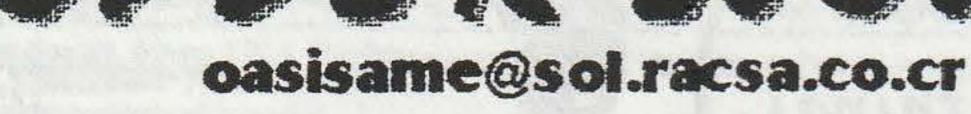
to see your ad in -





Private E-MAIL Service





NEW LOCATION - Manuel Antonio Call for directions & info

777-1092 -- OPEN 10am - 2pm Mon thru Fri

Send a message - US\$2 Check your e-mail - US\$3 Set up an e-mail - US\$6



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e-mail